

HeadsUp

Recognizing and Responding to Emerging Psychosis in Adolescents and Young Adults

Workshop Description:

Recognizing and Responding to Early Psychosis for Community Health Providers offers a full day workshop focusing on an intensive introduction, overview and practice of psychosis identification, management and referral to evidence-based care. It offers community mental, behavioral, and physical health workers a deep dive into assessment and practice of crisis and suicide for individuals experiencing psychosis as well as an overview of the current psychopharmacological treatments regarding symptoms, co-occurring substance use and social determinants of health.

There will be no cost to attend - sessions are funded through the Community Mental Health Services Block Grant (CFDA# 93.958) from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS), received through the Pennsylvania Department of Human Services Office of Mental Health and Substance Abuse Services (OMHSAS).

Workshop Learning Objectives:

1. Recognize and be able to screen for early signs and symptoms of psychosis
2. Describe how to connect to local specialized treatment resources for individuals experiencing early psychosis
3. Discuss the difference between suicide assessment and screening
4. Identify and develop a plan to implement crisis de-escalation technique
5. Recognize possible side effects to treatment that may be medication related

Accreditation and Credit Designation:

In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: Penn Medicine designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This program provides 5.0 NCPD hours.

Pharmacists: This Knowledge-Based (K) activity is approved for 5.0 ACPE contact hours of Continuing pharmacy education credit JA0000324-0000-24-032-L04-P

Physician Assistants: Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with the AAPA CME Criteria. This activity is designated for 5.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity awards 5.0 credits for Psychologists.

For information or questions regarding speaker financial relationships, special needs requests, or nondiscrimination statement, please contact event coordinator, Crystal Vatz, at crystal.vatza@penndu.edu.

Nondiscrimination Statement:

The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, religion, color, national or ethnic origin, age, disability or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities, admission policies; scholarship and loan awards; athletic or other administered programs or employment. Questions or complaints regarding this policy should be directed to the Executive Director, Office of Affirmative Action, Franklin Building, 4th Floor, Room 421, Philadelphia, PA 19104 or 215-898-7803 (TDD).

**REGISTRATION
INFORMATION IS
AVAILABLE ON THE
EDUCATION AND
TRAINING PAGE OF OUR
OUR WEBSITE**

Dates/Locations of Program Offering

Friday, 4/26/2024 State College, PA at The Graduate State College Hotel,
Coaly Ballroom, 125 South Atherton Street State College, PA 16801

Monday, 5/13/2024 in Philadelphia at the Convene Commerce Square,
Sullivan Hub, 2001 Market Street, Sullivan Hub, Philadelphia, PA 19103

Friday, 6/7/2024 Pittsburgh, PA at The Westin, Pittsburgh, Cambria Room,
1000 Penn Avenue Pittsburgh, PA 15222

Workshop Agenda:

8:00-9:00am Check-in

9:00-10:15am

Early Psychosis in Adolescents and Young Adults: Identification and Screening

Monica E. Calkins, PhD

Early identification and treatment of psychosis spectrum symptoms in young people leads to better outcomes. Community mental health providers can play a critical role in recognizing and responding to early psychosis. This workshop provides training in identifying psychosis spectrum symptoms in youth and practical screening strategies that can be implemented in routine clinical care.

10:30-11:45am

Psychopharmacology for Non-Prescribers: The Role of Medications in Early Psychosis Treatment

Christian Kohler, MD

Medication management for individuals experiencing early psychosis offers unique challenges, particularly in the context of potential substance use and social determinants of health. This session offers an overview of key considerations for side effects that could be experienced by individuals taking prescribed psychopharmacological treatments.

11:45-12:45 Lunch

12:45pm – 2:00pm

Crisis and Suicide: Assessment, De-escalation and Referral in Early Psychosis

Christian Kohler, MD

Individuals who experience psychosis discuss a wide range of experiences, including crises and suicidality. This course focuses on assessment of risk and de-escalation techniques, along with guidance on treatment considerations.

2:15pm – 3:30pm

Early Psychosis in Adolescents and Young Adults: Referral for Care

Monica E. Calkins, PhD

Early identification and treatment of psychosis spectrum symptoms in young people leads to better outcomes. Community mental health providers can play a critical role in recognizing and responding to early psychosis. This workshop builds on the identification of psychosis spectrum symptoms and focuses on referral pathways, including to specialized treatment programs, will be outlined, as well as the impact of social determinants of health on these pathways.