

HeadsUp 

**Clinical Care in First  
Episode Psychosis (FEP)  
*Grand Rounds 2024***

## Series Description:

The HeadsUp Clinical Care in First Episode Psychosis (FEP) Grand Rounds 2024 offers an intensive (up to 160-hours) dive into applicable, recovery-centered education for individuals involved in early psychosis care. Led by experts in the field, sessions will cover childhood through young adulthood and will include tools for early detection, diagnosis, treatment best practices, and post-treatment management. Varying sessions will be held virtually twice per month via Penn Zoom over the course of 7 months via a grand-rounds format from April to October 2024.

## Series Learning Objectives:

1. Identify diagnostic criteria for psychosis spectrum disorders compared to other mental health disorders
2. Identify and support individuals experiencing early psychosis through varied educational and employment accommodations
3. Identify psychopharmacological and clinical treatment modalities for individuals experiencing early psychosis symptoms based on age and symptomatology
4. Name and locate key referral options for individuals experiencing early psychosis symptoms based on age and geographic location

There will be no cost to attend - sessions are funded through the Community Mental Health Services Block Grant (CFDA# 93.958) from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS), received through the Pennsylvania Department of Human Services Office of Mental Health and Substance Abuse Services (OMHSAS).

## CE Information:

In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physicians:** Penn Medicine designates this live activity for a maximum of 160.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This program provides up to 160.0 NCPD hours.

**Pharmacists:** This Knowledge-Based (K) activity is approved for up to 160.0 ACPE contact hours of Continuing Pharmacy Education Credit JA0000324-0000-24-032-L04-P.

**Physician Assistants:** Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with the AAPA CME Criteria. This activity is designated for up to 160.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

**Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity awards up to 160.0 credits for Psychologists.

**For information or questions regarding speaker financial relationships or special needs requests please contact event administrator, Crystal Vatz, at [crystal.vatza@penntel.com](mailto:crystal.vatza@penntel.com).**

## Nondiscrimination Statement:

The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, religion, color, national or ethnic origin, age, disability or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities, admission policies; scholarship and loan awards; athletic or other administered programs or employment. Questions or complaints regarding this policy should be directed to the Executive Director, Office of Affirmative Action, Franklin Building, 4th Floor, Room 421, Philadelphia, PA 19104 or 215-898-7803 (TDD).

# SCHEDULE

*(some dates and formal titles pending)*

## APRIL

**TH 04/18/2024; 10:00-11:00am**

Successful Implementation of Decision Coaching to Support Community Participation among Young Adults with Early Psychosis

## MAY

**TH 05/02/2024; 10:00-11:30am**

Modifying Therapeutic Approaches for Child and Adolescents with Cognitive Behavior Therapy for Psychosis (CBTp)

**TU 05/07/2024; 09:30-11:30am**

Motivational Interviewing - Introduction to MI Spirit and engagement skills; Practice with open-ended questions

**TU 05/14/2024; 09:30-11:30am**

Motivational Interviewing - Listening Skills for engaging consumers – Framing the conversation; Practice with simple reflections and complex reflections

**TU 05/21/2024; 09:30-11:30am**

Motivational Interviewing - Listening Skills for engaging consumers – Identifying thoughts, feelings and values; Practice with complex reflections and summaries

**TU 05/28/2024; 09:30-11:30am**

Motivational Interviewing - Strengths-based engagement skills; Practice with simple and complex affirmations

## JUNE

**TU 06/04/2024; 09:30-11:30am**

Motivational Interviewing - Engagement skills for emphasizing personal power and choice; Practice with autonomy supports

**TH 06/06/2024; 10:00-11:30am**

Title TBD (Family involvement and support)

**TU 06/11/2024; 09:30-11:30**

Motivational Interviewing - Recognizing change and sustain talk – Practice activities and planning to implement learning in ongoing work

**TU 06/18/2024; 09:30-11:30am**

Motivational Interviewing - Introduction to MI Spirit and engagement skills; Practice with open-ended questions and simple reflections

**TH 06/20/2024; 10:00-11:30am**

Navigating the Cost-Benefits of Mental Health Self-Disclosure Regarding Employment Accommodations

**TU 06/25/2024; 09:30-11:30am**

Motivational Interviewing - Listening skills for engaging consumers – Identifying thoughts, feelings and values; Practice with complex reflections

**REGISTRATION INFORMATION IS  
AVAILABLE ON THE EDUCATION AND  
TRAINING PAGE OF OUR OUR WEBSITE**

# SCHEDULE

*(some dates and formal titles pending)*

## JULY

**TU 07/02/2024; 09:30-11:30am**

Motivational Interviewing - Focusing skills for engaging consumers – Framing the conversation; Practice with focusing skills and summaries

**TU 07/09/2024; 09:30-11:30am**

Motivational Interviewing - Strengths-based engagement skills; Practice with simple and complex affirmations

**TU 07/16/2024; 09:30-11:30am**

Motivational Interviewing - Recognizing change and sustain talk; Practice with evoking change talk

**TH 07/18/2024; 10:00-11:30am**

Bringing the Two Worlds Together: Schools and Coordinated Specialty Care Programs as Allies for Youth with Psychosis

**TU 07/23/2024; 09:30-11:30am**

Motivational Interviewing - Recognizing change and sustain talk; Practice with responding to sustain talk

**TU 07/30/2024; 09:30-11:30am**

Motivational Interviewing - Engagement skills for emphasizing personal power and choice; Practice with autonomy supports

## AUGUST

**TH 08/01/2024; 10:00-11:30am**

The Intersection of OCD and Psychosis: Implications for Assessment and Treatment

**TU 08/06/2024; 09:30-11:30am**

Motivational Interviewing - Phases of an MI conversation; Planning to implement learning from series in ongoing work

**TH 08/15/2024; 10:00-11:30am**

An Expanded Understanding of High School Accommodations and Supports, Including Family Involvement

## SEPTEMBER

**TH 09/05/2024; 10:00-11:30am**

Title TBD (Diagnostic Considerations for Substance Induced Psychosis)

**TH 09/19/2024; 10:00-11:30am**

Proactively Identifying and Navigating College and University Accommodations

## OCTOBER

**TU 10/01/2024; 10:00-11:30am**

Screening and Differential Diagnosis: Autism and the Psychosis Spectrum

**TH 10/3/2024; 10:00-11:30am**

Assessment and Treatment of Youth who are at Risk for Psychosis

**TU 10/15/2024; 10:00-11:30am**

Psychopharmacology in Early Psychosis Treatment: Clozaril & Long Acting Injectables (LAIs)

**TH 10/17/2024; 10:00-11:00am**

Psychopharmacological Special Considerations for Child and Adolescents Experiencing Psychosis

**TU 10/29/2024; 10:00-11:30am**

Clinical Strategies for Assessing and Reducing Suicide Risk via Telehealth

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# Disclosure of Relevant Financial Relationships and Unapproved Uses of Products

Staff in the Office of Continuing Medical and Interprofessional Education have disclosed that they have no relevant financial relationships with any ineligible companies related to the content of this educational activity.

The following Faculty and Planning Committee members(\*) have disclosed that they have no relevant financial relationships with any ineligible companies related to the content of this educational activity:

<b>Bobbi Bair, FCPS</b>	<b>Kris Wright, MS, LCPC</b>
<b>Emily Becker-Haimes, PhD</b>	<b>Melanie Yabs, PharmD *</b>
<b>Melissa Nelson, EdD</b>	<b>Monica Calkins, PhD *</b>
<b>Jennifer Petrunis, BSN *</b>	<b>Catherine Conroy, MEd *</b>
<b>Peter Phalen, PsyD</b>	<b>Leslie Horton, PhD</b>
<b>Kim Reeder, MEd</b>	<b>Christie Kelly, MA, LPC</b>
<b>Terri Randall, MD</b>	<b>Christian Kohler, MD *</b>
<b>Jerome Taylor, MD</b>	<b>Tushita Mayanil, MD</b>
<b>Elizabeth Thomas, PhD</b>	<b>Chris Michaels, MSHSA</b>
<b>Crystal Vatza, MSCC, LPC *</b>	<b>Elisa Nelson, PhD</b>

The following Faculty and Planning Committee member(\*) have reported relevant relationships with an ineligible company:

**Erin Crown, PA-C, CAQ-Psychiatry \***

Speakers' Bureau - Janssen Pharmaceuticals (J&J); Lundbeck, LLC; Axsome Therapeutics; Neurocrine; Otsuka America Pharmaceuticals, Inc.; Intra-Cellular Therapies; Supernus

**Relevant Financial Relationships:** Relevant financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received or expected.

Mitigation has been done.