Perelman School of Medicine
University of Pennsylvania

HeadsUp

Annual HeadsUp Pennsylvania Early Psychosis Conference

Welcome Material

Pennsylvania
Department of Human Services
Office of Mental Health and Substance Abuse Services

Welcome Material

Introduction

The Annual HeadsUp Pennsylvania Early Psychosis Conference is designed for professionals and practitioners treating early psychosis. The Conference offers FREE educational opportunities in early psychosis treatment and services, providing a chance to strengthen skill sets, share best practices with colleagues and peers, and implement new strategies, research and trends into practice.

Conference Schedule and Registration Details

The 11th Annual HeadsUp Early Psychosis Conference will take place over two weeks in November and December 2026.

Week 1 - November 16th – 20th, 2026

Implementation of the Coordinated Specialty Care Model; Role-Specific Information and Support

Monday, November 16th

All Pennsylvania First Episode Psychosis team members are encouraged to join us in person at the Penn Harris Hotel (Camp Hill, PA).

- Any team member hired *after* the 2025 Conference is required by OMHSAS to attend in-person.
- A virtual attendance option via the Zoom Events platform is available for those who cannot attend in person and who have attended a prior in-person conference day.

Tuesday, November 17th – travel day – no content.

Wednesday, November 18th – Friday, November 20th

Sessions are all virtual in nature via the Zoom Events platform.

Week 2 - December 14th-18th, 2026 - Recovery-Oriented Cognitive Therapy (CT-R) Related Topics

Sessions are all virtual in nature via the Zoom Events platform.

You must register for the Annual Conference via the Zoom Events platform.

For virtual sessions, you will receive a unique join link. This link is not transferable to other team members/attendees.

Visit the Conference website for current registration and schedule details: https://headsup-pa.org/for-clinicians/education-and-training/annual-early-psychosis-conference/.

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Obtaining CEs/CMEs and Attendance Verification

HeadsUp provides CEs/CMEs and attendance verification for Conference attendees at no cost to you. To earn credits, participants must: log in on time, remain active throughout the duration of the session/scheduled end time, and complete both the evaluation and attestation for each session for which CE/CMEs are requested. No partial CE/CMEs will be awarded.

CEs/CMEs and attendance verification are provided by Penn Medicine, which is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC). See the Conference website for additional accreditation details: https://headsup-pa.org/for-clinicians/education-and-training/annual-early-psychosis-conference/.

You must have a CloudCME profile in order to receive credits and/or attendance verification.

Attendance for the full session is required to obtain continuing education and/or attendance credit.

Verification codes will not be provided at a future time for past sessions, unless full attendance for the session has been formally verified with required documentation.

Visit: https://upenn.cloud-cme.com to create your profile if you do not already have one.

- It is very important that you know which email address is linked to your profile.
- Note: LPC/ LAPC/ LMFT/ LAMFT when selecting a "profile profession," choose "Psychologist" for APA credits or "Social Worker" for ASWB credits (or both) in your profile for the credits to reflect accurately in your transcript.
- **If this is the *first time* you are texting your attendance, you must first pair your mobile number to your account.**
  - Text your CloudCME email address to (215) 398-6728.
  - You will receive a text notification indicating your phone number has been paired.

You will receive an event ID or code to send via text to (215) 398-6728 at the end of *each session*.

To obtain credit, *you must*:

- Text in the verification code you receive at the end of each session.
  - Verification codes need to be submitted within 24 hours of session end times.
- Complete evaluations and attestations in the CloudCME platform.
  - *Please see the "Accessing Evaluations and Attestations" section of this document for additional details.*

Notes:

If you already have a CloudCME profile, please verify that your mobile number is paired by texting your email address to (215) 398-6728. You will receive a text notification indicating your phone number has been updated.

If your email address needs to be updated, please contact Crystal Vatza at Crystal.Vatza@pennmedicine.upenn.edu.

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Accessing Session Materials and Resources

All session resources are available in the Zoom Events meeting platform. You will access Zoom Events through your Internet browser (for example, Chrome, Firefox, Safari, Microsoft Edge) via the unique join link you received via email after registration.

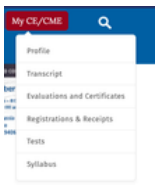
To access session-specific information:

- Navigate to Zoom Events using your individualized join link. You will be taken to the Zoom Events Lobby.
- Navigate to the "Sessions" tab at the top of your screen. You will be taken to a page listing all available Conference sessions. Select the session for which you would like to download resources.
- At the bottom of the session information, you will see a "Reference Materials" section, which will contain PDF versions of all available session materials. Download the ones in which you are interested.

Accessing Evaluations and Attestations

To access evaluations and attestations (required for continuing education and general attendance credit):

- You will receive an email from the Penn Medicine Continuing Medical and Interprofessional Education Department.
- Follow the prompts provided to you in that email to access session and conference evaluations and attestations.
- Once you complete the evaluation and attestation form, you will be able to access and download your certificate.
- If you cannot locate the email for a session, follow the directions below:
  - Sign in to https://upenn.cloud-cme.com.
  - Hover over "My CE/CME" and click "Evaluations and Certificates."



  - Click any/all gray "Complete Evaluation" boxes in the Evaluation column.



  - Download certificates by clicking any red "Download Certificate" box in the Certificates column.



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Virtual Session Etiquette

- All virtual sessions will be hosted on Zoom Events in a meeting format. Attendees are encouraged to join sessions a few minutes prior to the session starting time. All attendees will be put into a waiting room until the presentation begins.

- Attendees will be automatically muted upon entry, but will have the ability to turn on their camera and microphone for discussion during the sessions and when asked by the presenter(s). Please keep background distractions to a minimum.

- Some presenters may utilize the chat feature, platform polling feature, Slido polling feature (www.slido.com), or platform breakout rooms for engagement, or may ask attendees to contribute by unmuting to speak. **To enhance the learning experience for yourself and others, attendees are expected to be active participants in all components of the training sessions. Attendees are also expected to be respectful of others' comments and questions throughout the sessions.**

- All sessions will be recorded for training and marketing purposes.

- Due to privacy and security risks associated with virtual meeting assistants, AI assisted tools, such as, but not limited to, recording bots and AI note takers, will not be permitted to join any HeadsUp virtual meetings or trainings. If a virtual meeting assistant is detected, meetings/trainings will be paused until it is removed.

Contact Information for Questions

Contact Crystal Vatza at Crystal.Vatza@pennmedicine.upenn.edu with any Conference-related questions.